

Supplementary data

Supplementary Table I. Immunosuppressive medications used in the exclusion criteria.

Methotrexate	Etanercept
Hydroxychloroquine	Infliximab
Sulfasalazine	Prednisone
Adalimumab	Dexamethasone

Variable definitions

Hypertension was defined as an average systolic blood pressure ≥ 140 mm Hg, diastolic blood pressure ≥ 90 mm Hg, or the use of antihypertensive medication. Blood pressure was recorded as the average of five sequential measurements during the first study visit.

Hypercholesterolaemia was defined as a low-density lipoprotein (LDL) cholesterol ≥ 160 mg/dL (4.1 mmol/L) on a fasting sample, direct LDL > 160 mg/dL on a non-fasting sample, or use of statin medication.

Diabetes was defined by a fasting glucose level ≥ 126 mg/dL, non-fasting glucose ≥ 200 mg/dL, or use of hypoglycaemic medication.

Metabolic syndrome was defined according to the National Cholesterol Education Program (NCEP) Adult Treatment Panel (ATP III) criteria that require the presence of > 3 of the following: 1) increased waist circumference (> 40 in [> 102 cm] for men; > 35 in [> 88 cm] for women); 2) elevated triglycerides (> 150 mg/dL [1.69 mmol/L]); 3) low high density lipoprotein (HDL) cholesterol (< 40 mg/dL [1.04 mmol/L] in men, < 50 mg/dL [1.29 mmol/L] in women); 4) elevated blood pressure ($> 130/ > 85$ mmHg) or medically-treated hypertension; and 5) impaired fasting glucose (> 100 mg/dL [5.6 mmol/L]) or medically treated diabetes.

Smoking was defined as current smoker, former smoker or never smoker.

Imaging methods for measurement of aortic wall thickness and compliance

Aortic magnetic resonance imaging (MRI) was performed using a 1.5 Tesla whole-body MRI system (Intera, Philips Medical Systems, Best, The Netherlands), and 6 transverse slices of the infrarenal abdominal aorta were obtained using a T2-weighted turbo spin-echo (black-blood) sequence. Aortic wall thickness (AWT) was calculated by dividing the total vessel wall area by the aortic circumference in each slice, and averaging over the 6 slices.