

Supplementary material

Suppl. Table S1. Proportion of patients who had a positive response on the items of the GFI and G8.

Questionnaire and items	
GFI	Yes (%)
1. Shopping	62 (77.5)
2. Walking around outside	77 (96.3)
3. Dressing and undressing	76 (95.0)
4. Going to the toilet	77 (96.3)
5. Mark physical fitness (0 = poor; 10 = excellent. Score 0-6 = 1, 7-10 = 0)	37 (46.3)
6. Experience problems due to poor vision	12 (15.0)
7. Experience problems due to poor hearing	21 (26.3)
8. Lost weight	12 (15.0)
9. Prescription of 4 or more medicines	65 (81.3)
10. Complaints about memory	6 (7.5)
11. Part of social network (emptiness)	19 (23.8)
12. Attention other people (missing others)	26 (32.5)
13. Help other people (feeling abandoned)	13 (16.3)
14. Feeling down or depressed	43 (53.8)
15. Feeling nervous or anxious	32 (40.0)
G8	Yes (%)
1. Food intake	
No change in food intake	68 (85.0)
Moderate decrease in food intake	12 (15.0)
Strong decrease in food intake	0 (0)
2. Weight loss	
No weight loss	64 (80.0)
Don't know %	0 (0)
Weight loss between 1 to 3 kg	10 (12.5)
Weight loss more than 3 kg	6 (7.5)
3. Mobility	
Goes outside independently	75 (93.8)
Mobile inside house	5 (6.3)
Bed-bound	0 (0)
4. Neuropsychological problems	
No psychological problems	64 (80.0)
Moderate dementia or depression	16 (20.0)
Severe dementia or depression	0 (0)
5. BMI	
BMI ≥ 23 kg/m ²	60 (75.0)
21 \leq BMI < 23 kg/m ²	13 (16.3)
19 \leq BMI < 21 kg/m ²	5 (6.3)
BMI < 19 kg/m ²	2 (2.5)
6. More than 3 types of medication	
Yes	65 (81.3)
No	15 (18.8)
7. Mark own general health status compared to others of same age	
Healthier	22 (27.5)
Equally healthy	35 (43.8)
Don't know	7 (8.8)
Less healthy	16 (20.0)
8. Age	
Age < 80	61 (76.3)
Age 80-85	17 (21.3)
Age > 85	2 (2.5)

The values are expressed as number (percentage) of patients.

GFI: Groningen Frailty Index; G8: Geriatric-8; BMI: body mass index.

Numbers may not add up due to rounding.