

New cognitive functioning questionnaire developed by the Authors

1.A. Please rate the extent to which you find it difficult to retrieve names of people during a conversation:

No Difficulties	Somewhat difficult	Difficult	Very Difficult
0	1	2	3

B. To what extent do you feel this effect has worsened as compared to the past?

No Change	Slightly worse	Moderately worse	Considerably worse
0	1	2	3

2.A. Please rate the extent to which you feel that you lose your train of thought when having a conversation:

No Difficulties	Somewhat difficult	Difficult	Very Difficult
0	1	2	3

B. To what extent do you feel this effect has worsened as compared to the past?

No Change	Slightly worse	Moderately worse	Considerably worse
0	1	2	3

3.A. Please rate the extent to which you feel that you cannot remember the reason why you went into a room of your house or something you had been planning to do:

No Difficulties	Somewhat difficult	Difficult	Very Difficult
0	1	2	3

B. To what extent do you feel this effect has worsened as compared to the past?

No Change	Slightly worse	Moderately worse	Considerably worse
0	1	2	3

4.A. Please rate the extent to which you feel that routine day to day tasks take longer to do:

No Difficulties	Somewhat difficult	Difficult	Very Difficult
0	1	2	3

B. To what extent do you feel this effect has worsened as compared to the past?

No Change	Slightly worse	Moderately worse	Considerably worse
0	1	2	3

5.A. Please rate the extent to which you try to avoid complex activities such as activities with multiple stages, decision making, planning of complex activities

No Difficulties	Somewhat difficult	Difficult	Very Difficult
0	1	2	3

B. To what extent do you feel this effect has worsened as compared to the past?

No Change	Slightly worse	Moderately worse	Considerably worse
0	1	2	3

6.A. Please rate the extent to which you feel there has been a decline in your cognitive functions (information retrieval, attention, memory):

No Difficulties	Somewhat difficult	Difficult	Very Difficult
0	1	2	3

B. To what extent do you feel this effect has worsened as compared to the past?

No Change	Slightly worse	Moderately worse	Considerably worse
0	1	2	3