

Online Supplement 1.

Ten-question SurveyMonkey on Mentoring in Rheumatology

Q1 This survey is organised by EMEUNET (EMerging EUlar NETwork) – a EULAR working group of young clinicians and researchers in rheumatology, promoting education and research, widening collaborations and integrating with global EULAR activities/objectives. The purpose of this survey is to identify the mentoring needs and expectations of young professionals working in the field of Rheumatology in Europe and the current availability of mentoring programmes. This information will provide guidance for future EULAR initiatives. The survey is anonymous. THANK YOU for participating! Please, fill in the following fields:

- Country:
- Gender:
- Year of birth:
- Graduate education/degree:
- Graduation year:
- MSc (Year):
- PhD (Year):
- Current employment status:
- If applicable, year of completed specialisation/accreditation in Rheumatology:

Q2 Please, answer the following questions concerning mentoring schemes in your country:

Are there any official mentoring schemes in your country? ☐ Yes/ ☐ No

Are you a part of a research mentoring programme? ☐ Yes/ ☐ No

Are you a part of a clinical mentoring programme? ☐ Yes/ ☐ No

If yes, please specify shortly the type of mentoring programme:

Q3 Do you think mentoring schemes that cover the following areas are available in your country?

Clinical training mentoring ☐ Yes/ ☐ No

Research training mentoring ☐ Yes/ ☐ No

Overall career mentoring ☐ Yes/ ☐ No

Specific project mentoring ☐ Yes/ ☐ No

Methodology/technique training ☐ Yes/ ☐ No

Q4 If you are the part of a mentoring scheme in your country please answer the following questions (1 = not at all, 10 = entirely).

How much does this mentoring programme cover your specific training needs?

1	2	3	4	5	6	7	8	9	10
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How much does this mentoring programme cover your expectations from mentoring?

1	2	3	4	5	6	7	8	9	10
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Q5 What type of mentoring programme do you feel would be most beneficial (or has been useful if already part of a programme) for the development of your career and career goals (please mark most important)?

- Career guidance – one to one mentoring by a senior dedicated scientist over a period of years
- Project mentoring – mentoring of a specific research project/fellowship with a possibility of guidance from an expert in the field by short-term visits to a mentor's department perhaps initially, with subsequent e-mail communication with project progression
- Methodology/technique training – short-term mentoring by an expert to learn a new method/technique
- None
- Other (please specify):

Q6 What type of mentor and from where do you think a mentor would be most useful for your mentoring purposes (please answer only if you would need mentoring by choosing one option within each drop down menu)?

Country where you would search for a mentor:

☐ your country
☐ Europe-wide
☐ world-wide

Institution of mentoring (only if searching for a mentor within your country):

☐ within an institution independent of your working place
☐ within your training institution

Duration of mentoring:

☐ short-term (up to 1 year)
☐ long-term

Period during career development when you would need mentoring:

☐ undergraduate studies (prior to MD or Bachelor's degree)
☐ Master or PhD studies
☐ during rheumatology training
☐ post-clinical/doctoral career

Field of training:

☐ training in a new field
☐ upgrade training in a current field of work

A mentor that you would need would be:

☐ a clinical mentor
☐ a research mentor
☐ an industry mentor

Area of a mentor's work:

☐ the same area as yours
☐ a different area
☐ either

Q7 Please, answer the following questions:

Do you think there is a need to develop an official intra-European/international web-based mentoring scheme under EULAR's guidance?

☐ Yes/ ☐ No

As a former mentee would you be willing to serve as a future mentor?

☐ Yes/ ☐ No

Q8 What do you expect from mentoring programmes? Give ratings from 1 (most important) to 10 (least important) for each.

1 2 3 4 5 6 7 8 9 10

Career promotion
 More informed/appropriate career decision-making
 Better career planning
 Capacity building toward greater autonomy & responsibility
 Development of communication skills
 Development of project management skills
 Establishing new networks/collaborations
 Implementations of new ideas/solutions
 Help to remove barriers
 Management of students
 Personal development
 Other (please specify):

Q9 If a EULAR Web-based mentoring scheme was to be developed, what information do you think must be included to help you in deciding the most appropriate mentor/mentoring scheme?

☐ Yes ☐ No

List of mentors
 Contact information of a mentor
 Background of a mentor
 Expertise/area of interest of a mentor
 Training options within each institution
 Duration of mentoring
 Type of mentoring available
 Type of methodology training available
 Possibility of interdisciplinary training
 Description of technology/equipment
 List of main projects
 List of representative publications
 List of collaborations
 Possibility of industry partnering
 Top two training institutions for a specific expertise field/methodology
 List/profile of mentees searching for mentoring to facilitate mentor-mentee matching

Q10 What are the most important aspects that would determine your choice of mentor (answer from most important (1) to least important (5))?

1 2 3 4 5

Your career interest
 Mentor's expertise/area of interest
 Methodology/technique training options
 Mentor's reputation
 Experience of former mentees
 Recommendation from present supervisor
 Mentoring institution expertise
 Mentoring institution technology/equipment
 Other (please specify):