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## Erratum corrigé

### Physical therapy for patients with knee and hip osteoarthritis: supervised, active treatment is current best practice study

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Published in: *Clin Exp Rheumatol* 2019; 37 (Suppl.120): S112-S117.

The authors have brought to our attention that there was an error in Table I: Recommendations 3 and 4 were missing.

**Table I.** Eight exercise recommendations for knee and hip OA.

Number	Recommendation
1	Offer the patient supervised, progressive aerobic, resistance or performance exercise tailored to the patient's needs, preferences and characteristics.
2	Consider water-based exercises if the patient is unable to perform land-based exercises, especially during the initial part of the programme.
3	Offer the patient at least 12 supervised sessions of 30-60 minutes per session (6 weeks, two times a week).
4	Consider extending the programme with more supervised sessions (preferably two sessions per week for a total of 12 weeks) to increase the effect (especially muscle strength).
5	After an adjustment period, and if symptoms allow it, consider three weekly sessions to increase the effect.
6	Offer patient education to improve compliance and long-term effects.
7	Consider follow-up sessions after the programme to improve compliance and long-term effects.
8	Consider supplementary treatment such as knee orthoses and manual treatment if the intervention shows no effect.

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