# Construct validity of instruments measuring impairments in body structures and function in rheumatic disorders: Which constructs are selected for validation? A systematic review

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# ABSTRACT

**Purpose.** This paper focuses on the construct validity of instruments measuring impairments in body structures and function in rheumatic disorders. The objective is: 1) to make an inventory of constructs, based on the domains of the International Classification of Functioning, Disabilities and Health problems (ICF), against which instruments measuring impairments in body structures and function were validated; 2) to analyse whether validation against a similar construct resulted in higher correlation coefficients than validation against a dissimilar construct.

Methods. In a systematic review papers were identified in which instruments measuring impairments in body structures and function for patients with rheumatic disorders were validated. The instruments identified were assessed on their methodological properties and the constructs against which they were validated. Subsequently, pooled (interclass) correlations of similar constructs and dissimilar constructs against which was validated were compared. An instrument was decided to have good construct validity, if the correlation coefficient was 0.50 or higher, and the measurement instrument in question is validated against similar constructs.

**Results.** In total 216 papers were identified analysing the validity of 42 different instruments. Only 16% of these instruments were validated against instruments that represent the most similar construct. In general, estimates of construct validity were lower when validated against dissimilar constructs, except for instruments measuring impairments in mental functions.

Conclusion. There is a trend that vali-

dation against a similar construct yields higher correlation coefficients than validation against a dissimilar construct. If an instrument measuring impairments is validated against the most similar construct, and a criterion of r >0.50 is applied, only 10 out of the 42 identified instruments turned out to be valid.

# Introduction

This paper focuses on the construct validity of instruments measuring impairments in body structures and function in patients with rheumatic disorders. In the past decades the content and methodological quality of clinical outcome measures have increasingly become the focus of research. Methodological quality includes standardisation of measurement, reliability, responsiveness and validity.

Several kinds of validity are described in literature, e.g. face validity, criterion validity, and construct validity. Face validity is the validity based on its appearance to the observer. Criterion validity is validity based on comparison with a gold standard. However, in the majority of measurement instruments there is no gold standard available (1). In these instances the focus is on the construct validity in which the correlation between the instrument under study with other instruments measuring this construct is assessed. The process of construct validation presents a considerable challenge to the researcher, because many constructs are multidimensional, (for example personal care, or quality of life) and therefore it is not easy to determine whether an instrument is actually measuring all aspects of the construct of interest (1). Surprisingly, this dilemma is seldom discussed in validity studies. In the majority of validation studies there is a lack of motivation why a certain construct is chosen to validate against and there is lack of reflection whether the comparative instrument actually measures the construct it is intended to measure.

The kind of construct used for validation could cause considerable differences in the correlation with scores on the measure to be validated. For instance in patients with rheumatoid arthritis, the Visual Analogue Scale for pain has been validated against the Articular Index, but also against the Keitel Function Index and against the Hemoglobine-proportion. The resulting correlations were 0.86, 0.20, and 0.21, respectively, indicating that the choice of the construct may influence the strength of the relationship found (2-4).

Consequences of rheumatic disorders can be considered at different domains: at the level of tissues/organisms (impairments in body structures and function), at the level of limitations in daily activities (disabilities), and at the level of participation in social life, including work and hobby's. However, in the majority of validation studies concerning the consequences of rheumatic disorders the validated measures were compared with measures focussing on various constructs, ignoring attention for the degree of similarity or the content of the domains. As shown in the example above, validating against a dissimilar construct may result in lower correlations than validating against a similar construct.

The International Classification of Functioning, Disabilities and Health problems (5) (ICF), which is often used in the field of physiotherapy and rehabilitation medicine, differentiates between the domains mentioned above. Therefore the ICF is the basis for our attempt to differentiate between constructs by classifying the constructs in the domains of the ICF<sup>#</sup>.

By using the ICF-classification as a system to qualify constructs one might observe that, for example, a measure for impairments in body structure and function is validated against a measure for limitations in activities.

Besides the choice of the construct to validate against, there is a lack of consensus about which magnitude of the correlation coefficients is acceptable for validity and which is not. Correlation coefficients between 0.35 and 0.45 have been considered acceptable (6). But a correlation of 0.40 has also been defined as 'reasonably high' (7). Whereas others state that a rho > 0.40 and p < 0.001 is cut-off point for acceptable validity (8). While it is clear what the maximum correlation is, a perfect correlation in validity studies is not desirable, because it would point at redundancy(9).

Our hypothesis is that validating against a dissimilar construct results in lower correlation coefficients than validating against a similar, optimally comparable, construct. For more similar constructs it can be argued that the cut-off point for 'good' validity should be higher than that for dissimilar constructs. This should be taken into account if one wants to define a priori cut off points for acceptable construct validity.

The aims of our systematic review were: 1) to investigate the constructs against which measures of impairments in body structures or functions for rheumatic disorders are validated; 2) to examine whether validation against the same or a similar construct results in higher correlation values than validation against a dissimilar construct.

#### Methods and materials

A systematic literature review of the methodological aspects of measurement instruments was performed for all relevant impairments in body structures and functions related to rheumatic disorders. The 'rheumatic disorders' included were: rheumatoid arthritis, seronegative polyarthritis (including psoriatic arthritis), osteoarthritis, ankylosing spondylitis, polymyositis and fibromyalgia. An impairment in body structure and function was defined as 'relevant' if there was consensus among an expert panel (two experienced rheumatologists, clinically as well as in research, and two collaborators of the WHO-working group ICF) that the impairment is present in the majority of patients with rheumatic disorders.

In a parallel paper, similar methodological aspects of instruments measuring limitations in activities and participation were analysed (10).

## Literature search

The Medline database was searched for the period January 1982 - April 2001, using specific search terms for the relevant rheumatic disorders and various search terms for clinimetric properties. The database of the Centre for Documentation of the Dutch National Institute of Allied Health Professions was also searched for the period January 1988 – April 2001. In this search the keywords 'clinimetrics', 'assessment and methods', and all search terms for 'measurement instruments', were used. Additionally the names of the relevant impairments, and of the rheumatic disorders were used as free text words. Finally the names of measurement instruments identified in the first searches were used as free text words in additional searches in the databases. Papers written in English, French, German and Dutch were included. The search was subsequently augmented with a manual search based on the reference list of the identified papers. This final search yielded a small number of papers written before 1982.

#### Inclusion

Papers were included in the current review if they were performed in populations with the above mentioned rheumatic disorders and if they generated information about the clinimetric properties of the measurement instruments. No restrictions were applied with respect to study design. Further eligibility criteria were: 1) instruments should focus mainly (50% or more of the questions or sub-scales) on impairments in body structures and function; 2) instru-

<sup>&</sup>lt;sup>#</sup> The ICF was still under construction during the research period of this project; in fact we used the precursor of the ICF: The International Classification of Impairments, Disabilities and Handicaps (ICIDH). For this paper we used the ICF terminology: 'impairment' is an ICIDH-term which is substituted by the ICF-term 'impairment in body structures and function'; 'disability' (ICIDH) is substituted by 'limitations in activities' (ICF) and 'handicaps' (ICIDH) is substituted by 'participation' (ICF).

ments should contain a sub-scale for the impairment that might be interpreted separately as a single entity, independently from the other parts of the questionnaire or other sub-scales.

# Data extraction

All papers selected were assessed by two reviewers independently according to a standardised scoring form (11), which was modified for rheumatic disorders. The assessment of the described measurement instruments included description of the construct against which was validated (based on the domains of the ICF: see Table I), and recording of the correlation measures between the used constructs and the measurement instrument to be validated. Correlation coefficients were scored for entire measurement instruments, as well as for sub-scales, whenever separate information about the construct validity of the sub-scales was available. In case of disagreement between the observers (3% of cases), the paper was also assessed by a third reviewer

All names of instruments and subscales used in this review are abbreviated (Appendix). References for each instrument are included in the tables to identify the relevant literature per measurement instrument.

Construct validity was classified into six levels of constructs, corresponding to the degree of (dis)similarity of the constructs (based of the ICF) against which a measurement instrument was validated (Table I). A measurement instrument was assigned a numerical rating ranging from1 to 6, based on this classification system.

Level 1 is the most similar construct (for example: a pain intensity questionnaire is validated against a Visual Analogue Scale for pain). Levels 5 and 6 constructs are the most dissimilar. Level 5 construct is an imperfect construct to validate against, because the construct includes all domains of the ICF instead of the domain the instrument intends to measure (for example: a pain intensity questionnaire is validated against disabilities in inter-personal relationships). In level 6, measures for assessment of impairments in body structures and function were validated with constructs concerning general characteristics such as age, gender, duration of complaints, etc. Therefore, validation with a level 6 construct means that it is validated against the most dissimilar construct. In this context, the words 'similar' and 'dissimilar' give no indication of the strength of the correlation coefficient (quantification); they qualify whether a measurement instrument is validated against a similar construct, or against a dissimilar construct. It is hypothesized that validation against a similar construct will result in a high correlation, and validation against a dissimilar construct will result in a low correlation.

The strengths of the correlations in the validations studies were qualified as follows, a correlation coefficient < 0.50 was considered 'poor', a correlation coefficient between 0.50 and 0.65 was considered 'moderate', and a correlation coefficient  $\ge$  0.65 was considered 'good' (12).

A measurement instrument was label-

Level of construct	Definition
Level 1	Validation against sub-scales or instruments that measure the most similar construct
Level 2	Validation against instruments that measure the same construct (impairment in body structures and function) as well as other impairments or disabilities
Level 3	Validation against instruments that measure other impairments in body structures and function than the ones to be validated
Level 4	Validation against instruments that measure limitations in activities instead of the domain to be validated (impairments in body structures and function)
Level 5	Validation against general measurement instruments that measure all domains of the ICI
Level 6	Validation against general characteristics like age, sex etc.

led to have good construct validity, if two conditions were met: 1) the measurement instrument in question is validated against similar constructs, (level 1 and level 2), and 2) the correlation coefficient was 0.50 or higher.

#### Data analysis

Pooling of the data was performed within the construct level for each measurement instrument or subscale. The pooled index was:

$$\mathbf{X} = (\Sigma[\mathbf{n_i}^* \mathbf{x_i}]) / \mathbf{N}$$

where X = pooled index,  $n_i = number$ of persons included in the study,  $x_i =$ value of correlation coefficient (Pearson's r, Spearman's rho) in the study, N = total number of persons in all studies focusing on a specific measurement instrument in one of the construct levels. The pooled index was computed for the values of the correlation coefficients (Pearson's r, Spearman's rho). ICC-values are pooled separately in the same way. In measurement instruments with various subscales values for the validity of instruments may be strongly influenced by the values of one or more sub-scales: if one of the subscales of a questionnaire is poorly correlated with the measure to be validated, it decreases the validity of the total questionnaire, whereas the other subscales might posses good validity. Therefore, the data were pooled for the separate sub-scales as far as possible and whenever they were available.

# Results

In total 319 papers were identified. The references mentioned in these papers were checked for potential eligibility and relevance by reading title and abstract. This procedure generated an additional 405 papers resulting in 724 papers which were assessed. Of these 724 papers 216 fulfilled the inclusion criteria for detailed reviewing. The number (percentage) of validation studies of the different impairment constructs, together with the levels of the constructs against which they were validated, are shown in Table II.

The most frequently validated instruments are those intended to assess impairments in mental functions (158 Table II. Frequency of validation of measurement instruments for the assessment of impairments in body structures and function in patients with rheumatic disorders against different levels of construct.

Impairments	Instruments and subscales (no.)	No. of times an instrument was validated (no.)		vel 1 0.(%)		evel 2 p.(%)	Level 3 no.(%)		vel 4 0.(%)		evel 5 5.(%)		evel 6 5.(%)
Mental functions	9	158	24	(15%)	0		0	75	(47%)	24	(15%)	35	(22%)
Stiffness	4	45	3	(7%)	2	(4%)	0	28	(63%)	7	(14%)	5	(12%)
Sensory functions*	13	210	43	(20%)	19	(9%)	0	78	(37%)	21	(10%)	49	(23%)
Mobility	11	64	9	(14%)	0		0	36	(57%)	7	(11%)	12	(18%)
Muscle force	3	61	13	(21%)	0		0	36	(59%)	1	(1%)	11	(17%)
Swelling	2	62	2	(3%)	2	(3%)	0	10	(16%)	0		48	(77%)
Total	42	600#	94	(15.7%)	23	(3.8%)	0	263	(44%	60	(10%)	160	(27%)

Levels indicate level of construct as defined in Table I.

The percentages are row percentages based on the numbers presented in the third column.

\* Sensory functions including pain

<sup>#</sup> In total 216 articles were included, which generated 600 validity calculations, because in the majority of articles the measurement instrument was validated against more than one construct.

times) and those assessing sensory functions including pain (210 times). The majority (44%; n = 263) of the instruments and/or subscales was validated against level 4 construct. Furthermore, 27% (n = 160) of all investigated instruments was validated against level 6 construct. None of the instruments was validated against level 3 construct, and only a small number of instruments (16%; n = 94) were validated against the most similar construct (level 1).

Correlation coefficients per measurement instrument and subscales, when available, are presented for each group of impairments per level of construct in Table III. In the table the correlations for the measurement instruments and/or sub-scales are only included if data concerning at least level 1 and level 2 construct, or level 1 construct as well as level 4, 5 or 6 construct were available. This presentation enables comparison of the validity of the most similar construct with the more dissimilar construct. Only for the measurement instruments of mobility (Table III) all correlations are presented, as no comparison was possible between the most similar and the most dissimilar construct validity because of lack of studies providing these data. If an instrument measuring impairments is validated against the most similar construct, and a criterion of r>0.50 is applied, only 10 out of 42 instruments turn out to be valid.

Comparison between level 1 or 2 construct and level 4, 5 and/or 6 was possible for 22 instruments. In 10 out of these 22 instruments (45%) correlations (Pearson's r or Spearman's rho) were stronger when validated against level 1 or 2 construct than when validated against level 4-5-6 construct (Table III, indicated in dark grey). For 7 (32%) instruments correlation coefficients were similar or weaker (Pearson r or Spearman's rho) when validated against level 1 or 2 construct compared to validation against level 4-5-6 construct (Table III, indicated in light grey). For 5 instruments the results were conflicting (Table III, indicated in middle grey).

#### Discussion

The aim of the current study was to investigate whether the level of constructs against which an instrument for assessment of impairments in body structures or function was validated, influences the value of the correlation coefficients. Until now this is the first study that focuses specifically on the level of the constructs that are used for validation of measurement instruments.

The results show that instruments measuring impairments in body structures and functions were most often (44%) validated against a level 4 construct (instruments that measure other impairments in body structures and functions

than the one to be validated), while 27% was validated against a level 6 construct. On the average only 16% of the instruments was validated against sub-scales or instruments that measure the most optimal comparable (level 1) construct. The validation against a dissimilar construct did not always result in lower correlation coefficients than validation against a similar construct. In validation of instruments for the assessment of impairments in body structures and function we found earlier that this hypothesis is correct (100). However, in validation of instruments for the assessment of disabilities in personal care and instruments for the assessment of disabilities in gait and gait-related activities this relationship was not convincingly present (10; 101).

We wanted to compare correlations of the instruments when validated against different levels of construct. It is therefore possible that some well known and valid instruments (i.e. the HAQ and the WOMAC) were not included in this review, i.c. measurement instruments that are not validated against construct 1-2 as well as against construct 4-5-6, are not included in our data, because in that situations it was not possible to compare the influence of the (dis)similarity of the constructs. Furthermore, some frequently used questionnaires, like the Health Assessment Questionnaire (HAQ), or the Western Ontario Mc-Master Osteoarthritis Index (WO-

Table III. Correlation coefficients for construct validity of instruments for the assessment of mental functions, stiffness, pain, mobility, muscle force and swelling.

Instrument and sub-scale <sup>@</sup>	Level 1 Construct	Level 2 Construct	Level 4 Construct	Level 5 Construct	Level 6 Construct	Ref.
Mental functions						
AHI	0.46*		0.69*	0.23	0.35	(13; 14)
AIMS-anxiety	0.43*		0.19*	$0.45^{*}$	0.13*	(15-37)
AIMS-depri	0.43*		0.24*	$0.45^{*}$	0.23*	see AIMS
AIMS-EmoF	$0.57^{*}$		0.25*			see AIMS
AIMSS-anxiety	0.41*		0.47	0.45*		(32)
AIMSS-depri	$0.47^{*}$		0.57	0.51*		(32)
BDI	$0.67^{*}$				0.82	(14; 38)
SSAI	$0.57^{*}$					(14)
STAI	$0.68^{*}$					(14)
Stiffness						
BASDA	$0.69^{*}$					(39-41)
MS-D	0.26		0.16*	0.19*	-0.27	(4; 21; 34; 42; 43)
MS-S	0.51		0.37*	$0.28^{*}$		(4; 21; 34; 42; 43)
VAS-S			0.91*			(44)
Pain						
AI	0.83*		$0.24^{*}$	0.42	0.38*	(2; 4; 21; 34; 45-53)
AIMS	$0.58^{*}$			0.75*	$0.54^{*}$	(14-20;22-27;29-37;54)
AIMSD			0.65	0.65	0.43	(19; 28; 31; 35; 54-57)
AIMS-pain	$0.40^{*}$	$0.54^{*}$	0.39*	$0.60^{*}$	$0.44^{*}$	see AIMS
AIMSD-pain		0.63*		0.81	0.49*	see AIMSD
AIMS2-pain		0.49	0.38*		0.56	(23; 58; 59)
AIMS2Dpain	0.66	0.21	0.33*	0.40	0.31	(59)
AIMSSpain	0.41*		0.50*	0.61*	0.46	(32)
Dol	$0.79^{*}$					(60-69)
EI	0.67		0.36*			(70)
MPQ	0.37					(27; 71-74)
SAJ	0.55*		0.63			(48; 53)
VAS-P	0.83*		0.26*	0.73		(4; 34; 43; 60; 75-77)
Mobility						
BASMI	0.93*					(40; 41; 78)
Chest			0.60			(79-81)
EPM			0.54	0.54*		(56; 82; 83)
Gonio	0.92					(84)
MobSpine-CCD			0.37			(79-81; 85)
MobSpine-OWD			0.49			(79-81; 85)
MobSpine-VitCp			0.23			(79-81; 85)
Shob			0.66*		0.19	(80; 81; 85; 86)
Spond	0.92					(84; 87)
Stest						(58; 88)
FFD			0.18			(80; 81; 85; 87)
Muscle force						<pre>&lt;</pre>
Gripp			0.31*		-0.33	(21; 43; 89-91)
MSI			0.24			(92)
Sphy	$0.87^{*}$		0.35*	$0.87^{*}$	0.21*	(34; 93-98)
Swelling	5.67		0.00	0.07	0.21	(0.1, 20 20)
AI	$0.88^{*}$		0.35*	0.43*		(2-4; 21; 34; 45-52; 99)
	5.00	$0.64^{*}$	0.63			(48; 53)

@ for explanation of abbreviations see Appendix 1

Level 1 construct: level of the construct (see Table 1) against which the instrument is validated. All values expressed in Pearson's r or Spearmen's rho \*: pooled value

Ref: reference numbers

Dark grey = stronger correlations if validated against level 1 or 2 construct than when validated against level 4-5-6 construct.

Light grey = similar or weaker correlations if validated against level 1 or 2 construct compared to validation against level 4-5-6 construct.

Middle grey = conflicting results in correlations between validation against level 1-2 construct versus level 4-5-6 construct.

#### REVIEW

MAC) were not included, because the main focus of these instruments is not on impairments in body structures and functions. Beside that, instruments that did not include or present separate data for a subscale impairment were excluded from analysis.

Recently, an ICF Core Set was developed for rheumatoid arthritis (102), which is part of a series of Core Sets (osteoarthritis, osteoporosis, low back pain and widespread pain) (103-106). The ICF Core Set for rheumatoid arthritis describes the domains of the ICF classification that are considered to be most relevant, but does not focus on specific measurement instruments. The ICF Core Set can serve as a framework for comparison of the results of the current study with that Core Set: both are based on the ICF classification. New in our study is the fact that we examined in which way instruments for the assessment of impairments in body structures and function are validated and whether the level of constructs used for validation influences the outcome of the study. We would like to emphasize that the aim of the current study was not to identify the most valid instruments.

In about half of the studies, the correlations for all measurement instruments were stronger if validated against the most similar construct. Sometimes the correlations of instruments that were validated against constructs 5-6 level (general; multidimensional) are stronger. However, this phenomenon mainly occurred in the multidimensional AIMS, in particular AIMS-anxiety, AIMSdepri and AIMS-EmoF. On the basis of our systematic review validity of the AIMS subscales 'depression' and 'anxiety' might be reconsidered. These subscales might not exactly cover the construct they are intended to measure. In fact, in general construct validity is a way of hypothesis testing, where the hypothesis is hidden in the hypothetical (theoretical) constructs. The hypothetical constructs contain proposed underlying factors (which we tried to classify in Table I). Possibly the proposed underlying factors (which are also incorporated in the different items of a questionnaire) are not fully correct, which might explain the found differences in correlations.

From the results of the current study, it occurred that the correlations for construct validity are, in general, weaker when validated against the most dissimilar construct (level 6 construct), compared to the correlations if validated against level 1 construct or level 2 construct. On the other hand, the correlations for the construct validity of instruments to measure impairments in body structures and function were in seven out of 22 cases similar or stronger, when validated against construct 4-5-6 (in general multidimensional instruments), compared to validation against constructs 1 or 2. An explanation for this phenomenon might be that weak correlations of certain sub-scales are compensated by strong correlations of other sub-scales that are more similar with the general construct against which they are validated. Based on this assumption it can be concluded that multidimensional questionnaires need to be validated against multi-dimensional constructs, or separately for each sub-scale against similar constructs.

Another explanation for the discrepancy found might be the correlation between impairments in body structures and function on one hand, and limitations in activities on the other hand. For example, the correlation between pain and disabilities in daily living is r =0.39 (107). Probably more than one impairment is present in patients with a rheumatic disorder. Beside pain high scores on measures of disease activity, stiffness and swollen joints might result in considerable disability in activities of daily living. Finally it is possible that the construct of the measurement instrument to be validated actually covers another (or broader) construct than it is supposed to do and therefore might result in a weaker correlation than expected if validated against a dissimilar construct.

At the moment of our study the ICIDH-2 was the most recent official version accorded by the World Health Organisation (the ICF was still under construction). Fortunately, the content of the constructs was not changed by the ICF-terminology. As the aim of this

study was to compare the different constructs that were used for validation of measurement instruments the changed terminology (from ICIDH to ICF)has not affected our results. As seen in this systematic review the reported validity of a measurement instrument depends on the level of construct against which it is validated. If the differentiation in levels of construct as suggested in this paper is applied, the scores for validation against construct 1 are highest. For that reason, only correlation coefficients > 0.50 were considered acceptable, between 0.50 and 0.65 were considered moderate, and if they were greater than 0.65 they were considered to be good (if validated against level 1 or level 2 construct). If this criterion is applied to instruments of this systematic review, the number of valid instruments decreased considerably. For the measurement of impairments in mental functions, only four instruments meet this validity criterion. For the measurement of stiffness two out of four instruments met this validity criterion. For the assessment of pain all instruments except the MPQ and AIMS-pain met this criterion. For the assessment of mobility of joints only BASMI, Gonio and Spond met the validity criterion, and for the assessment of muscle force only the Sphy met the validity criterion (Table III).

Validation against a dissimilar (imperfect) construct resulted in lower validity values, thus different 'cut-off points' should be used to decide whether to accept or to reject a certain validity. Currently, for assessing construct validity it is advocated to formulate hypotheses about the correlation of a scale under study with other instruments (108). In fact, in general construct validity is a way of hypothesis testing, where the hypothesis is hidden in the hypothetical (theoretical) constructs. The hypothetical constructs contain proposed underlying factors (which we tried to classify in Table I).

In these hypotheses one should take into account that high correlations can only be expected with instruments measuring a similar construct in the same domain (level 1 or 2). Useful hypotheses are, for example: 'the correla-

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tion of an impairment scale is higher with another impairment scale than with an activity scale (a more dissimilar construct)', or 'the correlation of a specific subscale of an instrument with a similar subscale of another instrument is higher than with the other subscale of that instrument' (109).

There is clearly a need for further research, in which hypotheses are formulated about the correlation to be expected, taking into account the extent of similarity of the constructs to be compared.

# Conclusions

- A majority of 80% of the investigated instruments are validated against dissimilar constructs that measure another impairment and/or an activity, or other aspects than the domain to be validated.
- 2) An average of 16% of instruments measuring impairments is validated against sub-scales or instruments that measure the most similar construct. The available data show that in about 50% the values for construct validity are much lower if validated against a dissimilar construct, compared to validation against the most similar construct or the same impairment combined with (an)other impairment(s) in body structures and function.
- Multidimensional questionnaires need to be validated multi-dimensionally, or separately for each subscale against other constructs.

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	Appendix: List of abbreviations of measu	rement instruments and sub-scales.
Abbreviation	Name of measurement instrument	Abbreviations of sub-scales
AHI	Arthritis Helplessness Index	Anx = anxiety
AI	Articular Index	Depri = depression Pain = pain
AIM2D	Arthritis Impact Measurement Scale 2 Dutch	Anx = anxiety
	1	Depri = depression
		EmoF = emotional function
		MenH = mental health
		Mob = mobility Pain = pain
AIMS	Arthritis Impact Measurement Scale	Anx = anxiety
		Depri = depression
		EmoF = emotional function
		MenH = mental health Mob = mobility
		Pain = pain
AIMS2	Arthritis Impact Measurement Scale 2	Anx = anxiety
	-	Depri = depression
		EmoF = emotional function
		MenH = mental health Mob = mobility
		Pain $=$ pain
AIMSD	Arthritis Impact Measurement Scale - Dutch	Anx = anxiety
		Depri = depression
		EmoF = emotional function
		MenH = mental health Mob = mobility
		Pain $=$ pain
AIMSS	AIMS short version	Anx = anxiety
		Depri = depression
		EmoF = emotional function
		MenH = mental health Mob = mobility
		Pain $=$ pain
BASMI	Bath Ankylosing Spondylitis Metrology Index	Stiff-D = Stiffness duration
551		Stiff-S = Stiffness severity
BDI Chest	Beck Depression Inventory Chest Expansion	
Dol	Dolorimeter	
EDI	Electric Digital Inclinometer-320	
EI	Enthesis Index	
EPM	Escola Paulista de Medicina Range of Motion Scale	
FFD FFI	Finger Floor Distance Functional Foot Index	
Gonio	Goniometer	
Gripp	Grippit	
MobSpine	Mobility assessment spine in ankylosing spondylitis	CCD = Chin to Chest Distance
		ChExp = Chest Expansion
		OWD = Occiput to Wall Distance VitCp = Vital Capacity
MPQ	McGill Pain Questionnaire	incp – ina capacity
MS-D	Morning Stiffness, duration	Stiff-D = Stiffness duration
		Stiff-S = Stiffness severity
MS-S P-NRS	Morning stiffness, severity Pain Numeric Rating Scale	
P-NKS SAJ	Pain Numeric Rating Scale Self Assessment Joint Count	
Shob	Shober Test	
Sphy	Sphygmomanometer	
Spond	Spondylometer (Dunham)	
SSAI STAI	Spielberger State-Anxiety Inventory Spielberger Trait-Anxiety Inventory	
Stest	Stiffness test	
VAS-P	Visual Analogue Scale Pain	
	-	

Appendix: List of abbreviations of measurement instruments and sub-scales.