

lium of capillaries caused by angitis, the deposition of immune complexes, or certain drugs may result in a defective utilization of ADAMTS13 and the subsequent accumulation of unusually-large VWF multimers in the circulation. Since a markedly high level of plasma VWF antigen observed in our study appears to reflect a proportional increase in plasma unusually-large VWF multimers, it is conceivable that a decreased enzyme-to-substrate (ADAMTS13/unusually-large VWF multimers) ratio results in an accumulation of undigested unusually-large VWF multimers, leading to TTP.

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Fever with rash following zolendronic acid administration

Dear Sirs,

The amino-biphosphonate zolendronic acid is primarily used for the treatment of bone metastases and/or humoral hypercalcemia of malignancy, as well as in the management of Paget's disease (1). Allergic reactions with skin involvement (mainly pruritus, and hives), fever, and transient hematological changes (mainly leukocytosis with relevant lymphocytopenia) have been described within 3 days after biphosphonate infusion (2). We describe a patient presenting with protracted fever and a rash 10 days after zolendronic acid administration.

A 64-year-old woman was admitted due to fever and a skin rash. She suffered from neglected rheumatoid arthritis and received methotrexate, prednisone, folic acid, oral calcium and vitamin-D supplements. A dual energy x-ray absorptiometry showed a t-score of -3.5. Ten days prior to admission, and while afebrile, she was given zolendronic acid for osteoporosis according to a clinical protocol. Six hours later, the patient experienced fever (39°C) with chills. The fever persisted, and 10 days later she developed a pruritic maculopapular rash in the lower extremities.

The patient was a housekeeper, non-smoker, did not drink alcohol, and recalled no allergic reactions. On admission, her temperature was 38.5°C. Physical examination revealed a confluent maculopapular rash in the medial aspects of both thighs (Fig. 1), and joint deformities of wrists, hands, ankles and knees.

Blood serology, blood and urine cultures and appropriate imaging techniques failed to disclose any infectious causes. Major laboratory findings were: increased C-reactive protein levels (CRP, 61mg/L) and erythrocyte sedimentation rate (48mm/h), while the white blood cell and eosinophil count were normal. The patient was treated with intravenous prednisone 25 mg/day and oral loratadine 10 mg/day. Two days later the rash subsided and the patient was afebrile.

A review of the available literature regarding serious skin reactions associated with biphosphonate administration discloses discontinuation of biphosphonate treatment due to fever and a cutaneous rash (3), generalized maculopapular rash with lesions in the buccal and genital mucosa and keratitis (4), superficial gyrate erythema, erythema multiforme and cutaneous rashes (5-7), as well as severe reactions, such as toxic epidermal necrolysis and pancytopenia (8, 9). It is the first time that zolendronic acid is implicated in a protracted febrile reaction with skin rash. Although the drug was originally given for the treatment of osteoporosis, it is appreciated that the background of rheumatoid arthritis (putatively via cyto-



Fig. 1. Rash following zolendronic acid administration.

kine release) may have played a role in the development of this adverse reaction.

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