Influence of *MHCIITA* rs3087456 and rs4774 polymorphisms in the susceptibility to cardiovascular disease of patients with rheumatoid arthritis

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Abstract

Objectives

MHCIITA is a major regulator of MHC expression that has been reported to be involved in the susceptibility to rheumatoid arthritis (RA) and myocardial infarction. In this study we investigated the potential association of two MHCIITA gene polymorphisms with cardiovascular (CV) risk in patients with RA.

Methods

1302 patients fulfilling the 1987 ACR classification criteria for RA were genotyped for the MHCIITA rs3087456 and rs4774 gene polymorphisms to determine the influence of MHCIITA variants in the development of CV events. The potential influence of these polymorphisms in the development of subclinical atherosclerosis was also analysed in a subgroup of patients with no history of CV events by the assessment of two surrogate markers of atherosclerosis; brachial and carotid ultrasonography to determine endothelial function and carotid artery intima-media thickness, respectively.

Results

No statistically significant differences in the allele or genotype frequencies for each individual MHCIITA gene polymorphism between RA patients who experienced CV events, or not, were found. This was also the case when each polymorphism was assessed according to results obtained from surrogate markers of atherosclerosis. Also, in assessing the combined influence of both MHCIITA gene polymorphisms in the risk of CV disease after adjustment for gender, age at time of disease diagnosis, follow-up time, traditional CV risk factors, and shared epitope status, patients with CV events only showed a marginally decreased frequency of the MHCIITA rs3087456-rs4774 G-G allele combination (p=0.08; odds ratio: 0.63 [95% confidence interval: 0.37–1.05]).

Conclusion

Our data do not support an influence of MHCIITA rs3087456 and rs4774 polymorphisms in the increased risk of CV events of patients with RA.

Key words

rheumatoid arthritis, atherosclerosis, cardiovascular disease, genetics, *MHCIITA* rs3087456 (-168A>G), rs4774 (+1614G>C)

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Introduction

Rheumatoid arthritis (RA), a chronic autoimmune disease affecting up to 1% of the Caucasian population, is associated with accelerated atherosclerosis (1, 2), which is responsible for an increased cardiovascular (CV) morbidity and mortality risk (3). Chronic systemic inflammatory status plays a pivotal role in the development of the accelerated atherogenesis observed in RA patients, independently of the traditional CV risk factors (1, 4-10), promoting development of unstable plaque morphology with an increased likelihood of plaque rupture resulting in acute vascular events.

The multifactor etiology of RA is well established through linkage studies (11-14). The role of the MHC locus on chromosome 6p21 as a RA susceptibility factor has been consistently replicated in different populations. The shared epitope-containing human leukocyte antigen (HLA)-DRB1 alleles represents the most important genetic RA risk factor (15). MHC class II (MHCII) gene expression is regulated mainly at the level of transcription (16). The class II transactivator, encoded by the MHCII-TA gene, is essential for the expression of the genes encoding MHCII (17, 18). The human CIITA gene, MHCIITA, is a 42-kb gene mapping to chromosome 16p13, which encodes the non-DNA binding coactivator (19). The activity of this gene is also regulated primarily at the transcriptional level, which is under the control of four different promoters in humans, acting independently of one another with no apparent cross talk (18, 19). The MHCIITA gene exhibits a strict cell type-specific, cytokine inducible and differentiation stage-specific pattern of expression that parallels that of MHCII genes.

Interestingly, results from whole-genome scans of UK, US, and European families with RA (12, 14, 20) have identified linkage to the chromosome 16p13 locus and, consequently, it has been proposed as a strong candidate susceptibility locus. A study in Swedish population showed evidence for association with RA of a functional polymorphism mapping in the promoter region of the *MHCIITA* gene, as well as lower ex-

pression of MHCIITA after stimulation of leucocytes with interferon-gamma (21). Another study in Japanese population (22) confirmed an association with this variant. The effect sizes were small but of the order expected for complex diseases. However, different studies in other populations have yielded controversial results. In this regard, in British (23, 24), German (25), Austrian (26), Argentinean or Swedish (27) populations, results were negative for association between MHCIITA rs3087456 polymorphism and RA. Also, studies in Spanish cohorts showed negative association results (27, 28); and a more recent meta-analysis revealed no evidence of association (29). On the other hand, a haplotype analysis between rs3087456 and rs 4774 MHCIITA variants in Spanish population disclosed association between a risk/protection haplotype and RA (30, 31). In keeping with these findings, another haplotype analysis performed in Northern Irish individuals suggested a weak protective effect of the -168A/+1614C haplotype in patients with chronic inflammatory diseases and also specifically in RA patients compared with controls (32).

Interestingly, rs3087456 *MHCIITA* polymorphism was associated with CV mortality after myocardial infarction and predictors of CV mortality, microalbuminuria in nondiabetic individuals and metabolic syndrome (33). Downregulation of *MHCIITA* expression mediated by statins has also been observed. In this regard, these drugs used for prevention of CV disease (34) have anti-inflammatory effects (35, 36).

Given the reported association with RA and the risk of myocardial infarction mediated by *MHCIITA* gene polymorphisms along with the elevated CV mortality observed in patients with RA, the main goal of the present study was to determine the potential implication of the rs3087456 and rs4774 *MHC2TA* gene variants in the CV risk of patients with RA.

Materials and methods

Patients

Between March 1996 and September 2008, 1302 consecutive patients that fulfilled the 1987 American College of

Rheumatology classification criteria for RA (37) were recruited from the Rheumatology Outpatient Clinics of Hospital Xeral-Calde (Lugo), Hospital Clínico San Carlos (Madrid), Hospital Universitario La Paz (Madrid), Hospital Universitario La Princesa (Madrid), Hospital Universitario Bellvitge (Barcelona), and Hospital Universitario Marqués de Valdecilla (Santander), Spain. Then, they were assessed for differences in the *MHCIITA* rs3087456 (-168A/G) and rs4774 (1614G/C, Gly500Ala) gene polymorphisms. A DNA sample was extracted from these patients.

Study protocol

Between December 2009 and January 2010 patients' clinical records were examined until patient's death, loss of follow-up or December 1st, 2009. Information on the main demographical data, clinical characteristics of the patients enrolled in the study, CV risk factors and CV events of patients is shown in Table I. Clinical definitions for CV events (ischaemic heart disease, heart failure, cerebrovascular accident or peripheral arteriopathy) and classic CV risk factors were established as previously described (4,38). Two hundred and thirty-three (17.9%) of these 1302 patients with RA experienced clinically evident CV events. The majority of them occurred after the diagnosis of RA. Also, 91 patients died during follow-up, 29 of them as a direct consequence of CV events.

To determine the potential association between the MHCIITA rs3087456 and rs4774 polymorphisms and the presence of subclinical atherosclerosis, between March 2007 and September 2009 a random subgroup of patients from the Lugo cohort with no previous history of CV events was selected. Presence of endothelial dysfunction was assessed by a brachial artery reactivity study in 138 patients. Flow-mediated endothelium-dependent vasodilatation-FMD (post-ischaemia) and endothelium-independent-NTG (post-nitroglycerin) vasodilatation were measured by brachial ultrasonography as previously reported (9, 39). Also, carotid ultrasonography studies were performed in 114 patients to determine the carotid artery intimamedia wall thickness (IMT). It was as
 Table I. Demographic characteristics of the patients with rheumatoid arthritis included in the study.

Variables	n=	1302
Females	949	(72.9)
Age of patients at the time of disease diagnosis, years, median (IQR)	55	(44–65)
Time follow-up, years, median (IQR)	10	(5–16)
Anti-CCP positive (n=999)	583	(58.4)
Rheumatoid factor positive (n=1273)	893	(70.2)
Shared epitope positive (n=777)	490	(63.1)
Cardiovascular events Ischaemic heart disease Cerebrovascular accidents Heart failure Peripheral arteriopathy	233 125 62 62 25	 (17.9) (9.6) (4.8) (4.8) (1.9)
Hypertension (n=1290)	507	(39.3)
Diabetes mellitus (n=1282)	169	(13.2)
Dyslipidemia (n=1196)	493	(41.2)
Obesity (n=1155)	138	(11.9)
Smoking habit (n=1247)	302	(24.2)

Values are expressed as n (%), except where indicated otherwise. IQR: interquartile range. Anti-CCP: anti-cyclic citrullinated peptide antibodies.

sessed in the right common carotid artery as previously reported (9, 40).

A subject's written consent was obtained according to the declaration of Helsinki, and the design of the work was approved by the Ethics Committee of Galicia (Spain). The Ethics Committees of the Hospital Clinico San Carlos (Madrid), Hospital La Paz (Madrid), Hospital de la Princesa (Madrid), Hospital Universitario Bellvitge (Barcelona) and Hospital Universitario Marqués de Valdecilla (Santander) also approved the study.

Genotyping

MHCIITA genotyping. DNA was obtained from peripheral blood, using standard methods. Subjects were genotyped to determine *MHCIITA* rs3087456 (-168A>G, located within the promoter region) and rs4774 (+1614G>C, Gly500Ala, located in exon 11, which is predicted to have a tolerable effect on protein function) (41) polymorphisms status using Taq-Man Assays-on-Demand, and analysed using the ABI 7900HT Fast Real-Time PCR System (Applied Biosystems, Foster City, CA, USA).

Shared Epitope determination. Several HLA-DRB1 alleles (HLA-DRB1*0401, *0404, *0405, *0408, *0101, *0102,

*1001, *1402) are associated with susceptibility to RA. These alleles encode a conserved amino acid sequence (QKRAA, QRRAA, or RRRAA), called the shared epitope, at position 70-74 in the third hypervariable region of the HLA-DR β 1 molecule (15). HLA-DRB1-shared epitope alleles are also implicated in the severity of the disease (42), including increased risk of CV events (4) and presence of endothelial dysfunction (39). HLA-DRB1 typing was carried out using a reverse dot-blot kit with sequence-specific oligonucleotide (SSO) probes (Dynal RELITM SSO HLA-DRB1 typing kit; Dynal Biotech, Bromborough, UK).

Statistical analysis

All genotype data were checked for deviation from Hardy-Weinberg equilibrium (HWE) using http://ihg.gsf.de/cgi-bin/ hw/hwa1.pl. Comparison of proportions was performed using χ^2 test or Fisher test, when required. Strength of associations between CV events and genotypes or alleles of *MHCIITA* polymorphisms were estimated using odds ratios (OR) and 95% confidence intervals (CI), via multiple logistic regression; estimates were further adjusted for gender, age at RA diagnosis, time of follow-up, classic CV risk factors (hypertension, diabetes mellitus, dyslipidemia, obesity and smoking habit) and presence or absence of the rheumatoid shared epitope as potential confounders.

The association between genotypes of the MHCIITA polymorphisms and surrogate markers of subclinical atherosclerosis: carotid IMT, FMD-endothelium dependent or NTG-endothelium independent vasodilatation were tested using unpaired t-test to compare between 2 groups, and one-way analysis of variance (ANOVA) to compare among more than two groups. Moreover, we also tested the association between these parameters and alleles using analysis of covariance (ANCOVA) adjusting for gender, age and duration of the disease at the time of the ultrasonography study, traditional CV risk factors, and presence or absence of shared epitope. Statistical significance was defined as p < 0.05. All analyses were performed with STATA statistical software 9.1 (Stata Corp., College Station, TX, USA).

Results

Influence of the MHCIITA rs3087456 (-168A>G) and rs4774 (+1614G>C) polymorphisms in the risk of clinically evident CV disease in RA patients The study reached a genotyping suc-

cess >97%. The population under study had no deviation from Hardy-Weinberg equilibrium for both *MHCIITA* polymorphisms.

The power for the study was calculated using "CaTS – Power Calculator for Two Stage Association Studies" (http:// www.sph.umich.edu/csg/abecasis/ CaTS/) (43). The study had 80% power to detect allelic OR greater than 1.4 at the stated significance level (α =0.05), with a minor allele frequency of 0.23 and a prevalence of the disease in Spanish population 0.005 (44).

We analysed the genotype and allele distribution of both *MHCIITA* variants regarding the presence or absence of clinically evident CV disease in patients with RA (Table II). No significant differences in the genotype and allele frequencies were found for the *MHCIITA* -168A>G variant (p=0.46). It was also the case for the *MHCIITA* +1614G>C polymorphism (p=0.55), although a

Table II. Differences in the genotype and allele frequencies of *MHCIITA* rs3087456 and rs4774 variants between rheumatoid arthritis patients with and without cardiovascular (CV) events.

MHCIITA	With CV events (%)	Without CV events (%)	<i>p</i> -value	OR [95% CI]	
rs3087456					
AA	135 (58.95)	594 (56.68)	_	Ref.	
AG	81 (35.37)	384 (36.64)	0.63	0.93 [0.68-1.27]	
GG	13 (5.68)	70 (6.68)	0.52	0.82 [0.42-1.57]	
AG+GG	94 (41.05)	454 (43.32)	0.53	0.91 [0.67-1.23]	
А	351 (76.64)	1572 (75.0)	-	Ref.	
G	107 (23.36)	524 (25.0)	0.46	0.91 [0.72-1.17]	
rs4774					
GG	135 (58.95)	583 (56.06)	_	Ref.	
GC	77 (33.62)	382 (36.73)	0.38	0.87 [0.63-1.20]	
CC	17 (7.42)	75 (7.21)	0.94	0.98 [0.54–1.76]	
GC+CC	94 (41.04)	457 (43.94)	0.42	0.89 [0.66–1.20]	
G	347 (75.56)	1548 (74.42)	_	Ref.	
С	111 (24.23)	532 (25.58)	0.55	0.93 [0.73-1.19]	

Table III A. Logistic regression model to explain the presence of cardiovascular disease in rheumatoid arthritis patients according to *MHCIITA* rs3087456 and rs4774 allele distribution. **B.** Conditional analysis of *MHCIITA* rs3087456 and rs4774 polymorphisms and the risk of cardiovascular events in rheumatoid arthritis patients.

A . MHCIITA	<i>p</i> -value	OR [95% CI]	<i>p</i> -value*	OR [95% CI]*		
rs3087456						
G vs. A rs4774	0.47	0.92 [0.72–1.16]	0.39	0.84 [0.56–1.26]		
C vs. G	0.56	0.93 [0.74–1.18]	0.94	1.01 [0.69–1.49]		
B.						
rs3087456	0.42	0.91 [0.72-1.15]	0.33	0.82 [0.54–1.23]		
rs4774	0.59	0.94 [0.74–1.18]	0.88	1.03 [0.70–1.51]		

*Analyses adjusted for gender, age at rheumatoid arthritis diagnosis, follow-up time, hypertension, diabetes mellitus, dyslipidemia, obesity, smoking habit and presence or absence of shared epitope. OR [95% CI]: Odds ratio with 95% confidence interval.

slight decrease in the frequency of the minor alleles in both polymorphisms was observed in RA patients who experienced CV events (23.36% versus 25.0% for rs3087456, and 24.23% versus 25.58% for rs4774, respectively). No association between MHCIITA variants alone or in combination with first CV event during the follow-up period was found. Likewise, Cox proportional hazard regression analyses to estimate the level of risk that the MHCIITA polymorphisms (or particular allele combinations) did not disclose association of MHCIITA polymorphisms with mortality - all cause or CV related (data not shown).

Since the *MHC2TA* polymorphism was previously reported to be associated

with ischaemic heart disease (21, 33), we specifically analysed the influence of this polymorphism in the occurrence of cardiac or cerebrovascular ischaemic events – ischaemic heart disease including myocardial infarction or angina and/or stroke – in patients with RA. However, the results of these analyses did not show any significant association with any of these two polymorphisms both in the unadjusted or the in the adjusted analyses (data not shown).

In a further step, we constructed a logistic regression model to explain the presence of CV disease according to the *MHCIITA* rs3087456 (-168A>G) and rs4774 (+1614G>C) allele distribution (Table IIIA and B). However, neither of these two polymorphisms had a sta-

Table IV. Distribution of allelic combinations of *MHCIITA* rs3087456 and rs4774 in rheumatoid arthritis patients with and without cardiovascular disease.

<i>MHCIITA</i> rs3087456-rs4774	with CV events	without CV events	p-value	OR [95% CI]	p-value*	* OR [95% CI]*
A-G	284 (62.56)	1211 (58.73)	_	Ref.	_	Ref.
A-C	64 (14.10)	333 (16.15)	0.19	0.82 [0.61-1.10]	0.49	0.84 [0.50–1.39]
G-G	61 (13.44)	332 (16.10)	0.11	0.78 [0.58-1.06]	0.08	0.63 [0.37–1.05]
G-C	45 (9.91)	186 (9.02)	0.86	1.03 [0.73–1.46]	0.68	1.13 [0.64–1.99]

*Analyses adjusted for gender, age at rheumatoid arthritis diagnosis, follow-up time, traditional cardiovascular risk factors and presence or absence of share epitope.

tistically significant association before (rs3087456 p=0.47; rs4774 p=0.56) or after adjustment (rs3087456 adjusted p=0.39; rs4774 adjusted p=0.94) with clinically evident CV disease, alone or in combination.

Afterwards, we also analysed the combined influence of both *MHCIITA* gene polymorphisms in the risk of CV disease comparing the frequency of their estimated allelic combinations (Table IV). However, after adjustment for gender, age at the time of RA diagnosis, follow-up time, traditional CV risk factors, and presence or absence of share epitope, we only observed that RA patients with CV events had a marginally decreased frequency of

Table V A. Comparison of carotid artery IMT according to *MHCIITA* rs3087456 and rs4774 polymorphisms. **B**. Comparison of brachial flow-mediated endothelium dependent (post-ischemia) vasodilatation (FMD) and endothelial independent (post-nitroglycerin) vasodilatation (NTG) according to *MHCIITA* rs3087456 and rs4774 polymorphisms. **C**. Comparison of carotid artery IMT, FMD and NTG vasodilatation, according to *MHCIITA* rs3087456 and rs4774 alleles in an adjusted ANCOVA model.

A . <i>MHCIITA</i> rs3087456	II m	MT mr ean (Sl	n, <i>I</i> D)	p-value	<i>MHCIIT</i> rs4774	A IN me	/IT mm, an (SD)	, p-v)	alue
AA (n=70)	0.7	2 (0.	19)		GG (n=6	2) 0.7	4 (0.16	6)	
AG (n=35)	0.7	74 (0.	17)		GC (n=4	3) 0.7	0 (0.21	1)	
GG (n=9)	0.7	1 (0.	15)		CC (n=8	3) 0.8	0 (0.17	7)	
Model				0.86				0).26
A (n=175)	0.7	73 (0.	19)		G (n=16	7) 0.7	3 (0.17	7)	
G (n=53)	0.7	73 (0.	16)	0.96	C (n=59	0.7	3 (0.19) 0).94
B . <i>MHCIITA</i> rs3087456	FMD%, mean (SD)	р	NTG% mean (SI	, p D)	<i>MHCIITA</i> rs4774	FMD%, mean (SD)	p	NTG% mean (SD)	р
AA (n=86)	5.88 (4.93)		16.69 (8.6	8)	GG (n=76)	5.92 (5.25)	1	6.87 (8.18)
AG (n=42)	4.94 (4.80)		16.26 (7.4	2)	GC (n=53)	5.57 (4.52)	1	15.93 (8.40)
GG (n=10)	6.33 (4.84)		15.4 (5.51)	CC (n=8)	3.95 (1.44)	1	7.51 (4.18)
Model	· · · ·	0.53		0.88	Model	. ,	0.55		0.76
A (n=214)	5.69 (4.90)		16.61 (8.4	1)	G (n=205)	5.83 (5.07)	1	16.63 (8.20)
G (n=62)	5.39 (4.78)	0.66	15.98 (6.7	9) 0.59	C (n=69)	5.19 (4.15)	0.35 1	6.30 (7.62) 0.77
C.						IMT	FMD) N	ITG
	2007454		. *						
<i>MHCIITA</i> rs3087456, p G vs. T*						0.40	0.39	0	.66
MHCIITA rs4774, p T vs. G*						0.46	0.55	0	.59
<i>MHCIITA</i> rs3087456, p G vs. T**						0.53	0.35	0	0.56

*Analyses adjusted for gender, age at the time of ultrasonography study, follow-up time, classic (traditional) CV risk factors and presence or absence of shared epitope.

**Conditional analysis of the MHCIITA rs3087456 and rs4774 polymorphisms.

MHCIITA rs4774, p T vs. G**

the *MHCIITA* rs3087456-rs4774 G-G allele combination (*p*=0.08; OR: 0.63 [95% CI 0.37–1.05]).

Influence of MHCIITA polymorphisms in the risk of CV events, according to the presence or absence of the shared epitope

Subsequently, we stratified our sample according to the presence of absence of the shared epitope. To do so, in the logistic regression model described above we established a statistical interaction between the presence or the absence of the shared epitope and the fact of carrying or not at least one copy of the minor allele *MHCIITA* polymorphisms. No interaction effect was found for patients carrying the shared epitope and the minor allele of rs4774; nor was any effect seen for the rs3087456 polymorphism (data not shown).

Influence of the MHCIITA rs3087456 (-168A>G) and rs4774 (+1614 G>C) variants in the risk of subclinical CV disease in RA patients

Previous studies shown an increased frequency of subclinical atherosclerosis in RA patients without clinically evident CV disease (10, 39), so we also aimed to establish the possible influence of these two *MHCIITA* polymorphisms in the development of subclinical atherosclerosis using two welldefined surrogate markers of atherosclerosis, endothelial function and the carotid IMT (9, 40), which have been proved to be predictors of future CV events in asymptomatic stages of the atherosclerotic disease (38).

This study had 95% power to detect a difference in carotid IMT of 0.1 mm or higher, a difference of 2.5% or higher in FMD-endothelium-dependent vasodilatation and a difference of 4.0% or higher in NTG-endothelium-independent vasodilatation.

Results described in the present study confirmed the presence of endothelial dysfunction in patients with RA, although no association between *MH*-*CIITA* rs3087456 and rs4774 polymorphisms and markers of subclinical atherosclerosis were found in this series of RA patients (Table VA and B). In the ANCOVA model adjusted for

0.64

0.65

0.49

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gender, age at the time of the ultrasonography assessment, follow-up time, traditional CV risk factors and presence or absence of shared epitope, no significant differences were found according to MHCIITA rs3087456 or rs4774 alleles (Table VC). Moreover, no association between allelic combinations and any of these surrogate markers of subclinical atherosclerosis was found. Finally, no association between the MH-CIITA variants, analysed simultaneously in a conditional analysis, and any of the surrogate markers of subclinical atherosclerosis were found (Table VC).

Discussion

It is now well established that there is an increased incidence of CV events in patients with RA(45) as the result of the influence of both classic and new CV risk factors including the presence of chronic inflammation (4-6), leading to enhanced atherosclerotic burden in these patients (3). Our group has performed a series of studies to determine the potential influence of genetic factors in the accelerated atherosclerosis observed in RA. In this regard, we confirmed an influence of MHC-HLA-DRB1 alleles in the development of endothelial dysfunction (39) and CV events (4, 46). It was not the case for other gene polymorphisms associated with increased susceptibility to RA (47) or with immunity and inflammation (48).

The MHCIITA -168A/G promoter polymorphism (rs3087456) was found to be associated with reduced transcription levels of CIITA ex vivo in human leukocytes stimulated with interferon-gamma, and experiments in rats showed a strong correlation between lowered levels of CIITA transcripts and reduced expression of MHC class II molecules (21). Also, evidence for association between the MHCIITA type III promoter rs3087456 (-168A/G) variant and RA, myocardial infarction and multiple sclerosis was described (21). Because of this reported association with RA, several replication studies were conducted in different populations (20, 22, 24-32). However, only two of them (22, 27) confirmed the association between RA and MHCIITA rs3087456. Moreover, a recent meta-analysis revealed

no evidence of association (29). In keeping with these data, more recent studies have found no association of the *MHCIITA* gene with other autoimmune inflammatory disorders, such as myasthenia gravis (49), celiac disease (50) or systemic lupus erythematosus (51, 52).

To further establish the potential role of *MHCIITA* gene polymorphisms in the development of CV disease, in the present study we assessed for the first time the influence of two *MHCIITA* variants in the risk of both clinically evident and subclinical CV disease in a large series of Spanish RA patients. However, only a marginally a decreased frequency of CV events was observed in patients carrying the *MH-CIITA* rs3087456-rs4774 G-G allele combination.

Conclusion

In conclusion, our data do not support an influence of *MHCIITA* rs3087456 and rs4774 polymorphisms in the increased risk of CV events of patients with RA. However, further replication studies in individuals with RA and different genetic backgrounds are needed to fully elucidate a role of the *MHCIITA* region in the susceptibility to the accelerated atherogenesis observed in RA.

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